

Kaua‘i Directory of Resources

Directory of local/state resources assisting with some of the most essential needs during the pandemic, including programs for everyone, from keiki to kūpuna. Remember to check for updates on each program as benefits may expand or reduce anytime.



HEALTH CARE SERVICES

Open Enrollment period is here: November 1 through December 15. If you are close to losing your health insurance, are uninsured, or underinsured, you can contact:

- Med-QUEST: Medicaid & CHIP insurance for low-income families. Apply online <https://medical.mybenefits.hawaii.gov2> or ☎ 1(800) 316-8005
- Market place: <https://www.healthcare.gov/>
- Affordable medical attention:
 - [Ho‘ola Lahui Hawai‘i](#): sliding scale rate. ☎ (808) 240-0100
 - [Malama Pono Health Services](#) (MPHS) for reproductive health & case management. ☎ (808) 246-9577
 - The [Bayanihan Clinic](#): ☎ (808) 674-7624
 - [HMSA’s Online Care](#): affordable telehealth for **anyone** 18+ years **in Hawai‘i**
 - [Project Vision](#): no cost screening & reading glasses. ☎ (808) 652-6930

Telehealth

You can continue with your health-related treatments & appointments via telehealth. Contact your Dr. & insurance for information:

- [Kaiser Permanente](#): ☎ (808) 246-5600. 24 hours advice line
- [HMSA](#) ☎ (808) 948-6079
- [Pacific Basin Telehealth Resource Center](#) for more information. ☎ (808) 956-2514

Testing

Free testing for Kaua‘i residents

- **Returning from out-of-state travel**, can [take a FREE test](#) if participated in the pre-travel testing program. Visit the Kaua‘i War Memorial Convention Hall at least 72 hours (3 days) after your return. No appt necessary.
 - M to F, 8AM-3PM, & Saturday, 8AM-12PM.
- **Working in the Hospitality Industry**: register at www.doineedacovid19test.com/
 - Every Sunday, 9AM – 3PM

If you develop any COVID-19 symptoms or believe that you have been exposed, contact your doctor. If you do not have a one, contact:

- [The Wilcox virtual Clinic](#) ☎ (808) 462-5430
- Ho‘ola Lahui Hawai‘i ☎ (808) 240-0100
- [MPHS](#) ☎ (808) 246-9577
- Online screenings are also available at:
 - The University of Hawai‘i (includes language access options.) ☎ (808) 692-1060 or visit https://hawaii.virtriage.com/#/uh_covid19
 - The CDC’s Coronavirus Self-Checker. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#>

Language access

- [We are Oceania](#) (WAO) for communities from Micronesia, Marshall Islands, & Palau.
 - ☎ (808) 294-1692 / 3601 / 0533 / 2861
 - **COVID-19 helpline** ☎ (808) 913-1364
- [Helping Hands](#) provides interpretation services to assist access to health care & social services. ☎ (808) 526-9724

