



1809 Bachelot Street, Honolulu, HI 96817
PHONE: (808) 356-8519

www.lanakilamealsonwheels.org

To learn more about Lanakila Meals on Wheels home delivery service or to support our efforts by donating or volunteering, please contact us at atmow@lanakilapacific.org.



Lanakila Meals on Wheels is a program of Lanakila Pacific, a 501(c)3 organization offering assistance programs and operating social enterprises to build independence and improve the quality of life for individuals with cognitive, physical, social or age-related challenges.



Able to live on my own.

Home delivered meals...



Whether for a short recovery period, caregiver respite or over the long-term for independent living, **Lanakila Meals on Wheels** home-delivered meal service is a convenient way to receive nutritious meals delivered to your front door.



We work with registered dietitians and chefs to ensure our healthy and delicious meals meet or exceed USDA nutrition guidelines and have the local flavors we all love!

...and so much more.

More than just a meal, Lanakila Meals on Wheels provides friendly visits and wellness checks. During deliveries, our volunteers and staff can identify areas that meal recipients may need help with and connect them to an appropriate resource for assistance.



Starting your meal service.



Purchasing meals

- We offer a paid monthly subscription service for those purchasing meals out of pocket. A minimum of 5 meals per week are required for delivery service and there is no minimum for pickup orders. To place an order, please call **(808) 356-8519**.
- Seniors and individuals with disabilities may use the free Supplemental Nutrition Assistance Program (SNAP) benefits to purchase our healthy home-delivered meals. For assistance in applying for SNAP, please call our SNAP Outreach team at **(808) 356-3516** to make an appointment.



Free home-delivered meals

- Quest Integration - If you are enrolled in Quest Integration, you have a Medicaid health plan for medical coverage. Contact your healthcare service coordinator to ask if you qualify for free meal service.
- City & County of Honolulu Aging and Disability Resource Center – Free meal service may be available through the City and County of Honolulu's Aging and Disability Resource Center. Contact the Senior Helpline at **(808) 768-7700** to see if you're eligible.



Kupuna Wellness

Lanakila Meals on Wheels provides a healthy lifestyle program for active kupuna (seniors) ages 60 or older. Activities include group exercise classes, games, guest speakers and lunch. For more information, please call **(808) 356-8521** or visit www.kupunawellness.org.