

MEALS ON WHEELS, HALE KAU KAU & ALU LIKE'S KE OLA PONO NO NA KUPUNA PROGRAM

HAWAII MEALS ON WHEELS – O'ahu

<https://hmow.org/> Phone: (808) 988-6747

Service Delivery Areas - Hawaii Kai to Ewa, Waimanalo to Kaneohe and Mililani.

Eligibility - Consumers required to meet at least one of the following:

- Be homebound and lack the physical mobility necessary to shop for food; OR
- Be mentally or physically disabled and lack the ability to prepare meals and have no assistance with meal preparation; OR
- Be convalescing following discharge from a hospital; OR
- Be at risk of institutionalization if nutritious meals are not provided; OR
- Lack proper nutritional support from family caregiver due to caregiver stress.

*** Free meals delivered to homebound seniors through the **SHOW ALOHA CHALLENGE** will be available until July 3, 2020. Contact St. Francis Healthcare System at (808) 547-6501 to sign up.

LANAKILA MEALS ON WHEELS – O'ahu

<https://www.lanakilapacific.org/senior-services/meals-on-wheels/> Phone: (808) 356-8519

A private pay food service, meals are purchased in sets of 5 frozen meals per week.

Please call or email mow@lanakilapacific.org for more information regarding Service Delivery Areas and Eligibility.

HALE MAHAOLU – Maui

www.halemahaolu.org/programs/meals Phone: (808) 872-4170

Service Delivery Areas – Wailuku, Kahului

Eligibility – Members of 'Ohana Health Plan, HMSA, United Healthcare, Kaiser Permanent or Aloha Care who are in need of meal assistance should contact your service coordinator or customer service representative for more information. A Private Pay program is also available to seniors who do not meet the eligibility requirements of other programs.

KAUNOA MEALS ON WHEELS PROGRAM – Maui

<https://www.mauicounty.gov/254/Kaunoa-Senior-Services> Phone: (808) 270-7321

Kaunoa's Meals on Wheels Program delivers hot, nutritious midday meals to seniors who are homebound and unable to manage their own meal preparation, helping them to continue living independently in their own homes. Contact Kaunoa to inquire on eligibility requirements and service areas.

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HALE KAU KAU/ST THERESA CHURCH – Maui

Phone: (808) 875-8754

Serving the hungry in South Maui 365 days a year since 1993, Hale Kau Kau expanded their service to include meal delivery to qualified residents in the Kihei area. Email Claudine San Nicolas for information on eligibility for receiving meals for persons who are homebound or elderly - csannicolas@rcchawaii.org.

Service Delivery Area – South Maui

MOLOKAI GENERAL HOSPITAL

<https://www.queens.org/molokai/services/dietary-services/home>

Dietary Services at Molokai General Hospital includes a Meals on Wheels Program. Call 808-553-3137 for more information.

MAUI COUNTY OFFICE ON AGING - MOLOKAI

<https://www.maui-county.gov/255/Office-on-Aging>

Through the County Office on Aging, Meals on Wheels are coordinated for qualified seniors. Call Debbie Mapel in Kaunakakai for more information at (808) 553-5241.

HAWAII COUNTY NUTRITION PROGRAM

HAWAII COUNTY MEALS ON WHEELS

<https://www.hawaii-county.gov/departments/parks-and-recreation/elderly-activities>

Phone: (808) 961-8726

Meals on Wheels – Hilo (808) 961-8600, Kona (808) 323-4391

Hawaii County Meals on Wheels and also the Nutrition Program oversee meal programs for seniors across the island of Hawaii. People already registered in the program OR persons in dire need who are at least 60 years of age receive 5 prepared meals once a week.

Congregate meals are currently suspended. Due to COVID-19, and while the current emergency order is in place, availability may vary. If you live in or near any of the following sites, call for assistance as needed:

- Haleho'okipa Center, Kealahou Phone: (808) 961-8726
- Honoka'a Senior Center, Honoka'a Phone: (808) 775-7504
- Kea'au Community Center, Keaau Phone: (808) 966-5800
- Na'alehu Community Center, Na'alehu Phone: (808) 939-2504

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- Kula'imano Community Center, Pepe'ekeo Phone: (808) 964-3301
- Lily Yoshimatsu Senior Center, Kamuela Phone: (808) 887-3008

KAUAI AGENCY ON ELDERLY AFFAIRS

<http://www.kauaiadrc.org/> Phone: (808) 241-4470

The Kauai AEA is the designated lead County agency ensuring programs are in place for the well-being of Kauai's older adults. Part of their In-Home services includes the Meals on Wheels program. Call the above number to inquire on eligibility and service areas as some restrictions may be in place due to COVID-19 mandates.

ALU LIKE – Ke Ola Pono No Na Kupuna Program (All islands)

<https://www.alulike.org/services/kumu-kahi/ke-ola-pono-no-na-kupuna/>

A meal program of the Kumu Kahi (Elderly Services) section serving eligible Native Hawaiian kupuna as available on all islands. Voluntary donations for meals are accepted.

Service Delivery Areas – Limited delivery available. Contact Kumu Kahi program for verification.

Eligibility - A birth certificate is required for proof of age and ethnicity.

Contact phone numbers through Kumu Kahi are as follows:

- O'ahu (808) 535-6700
- Kaua'i (808) 245-854
- Maui (808) 242-9774
- Hawaii (808) 895-2158
- Molokai (808) 553-5393