



NCPD Council on Mental Illness

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Together for Mental Health: Awareness and Action for a Culture of Acceptance

October 12, 2021 4:30 - 5:00 PM EDT

This online learning session will focus on:

- symptoms, causes and treatments of anxiety/depression
- stigmatization and its effects
- how we can collectively move toward a culture that accepts and even celebrates the contributions of those with mental health conditions.



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Jennifer L.K. Charles, MSW, Ph.D. is an Assistant Professor at the National Catholic School of Social Service at The Catholic University of America in Washington, D.C. Charles' clinical social work background is in community mental health, including crisis stabilization and mobile crisis response. Guided by her practice and educational experiences, Charles' research concentrates on the identification of and issues related to the stigma of mental illness. She is a member of the Council on Mental Illness.